



President and CEO Message Celebrating Our Future

September's dedication of Santa Monica-UCLA Medical Center and Orthopaedic Hospital unveiled one of the jewels in the crown of Los Angeles Orthopaedic Hospital's (LAOH) alliance with UCLA. It gave me tremendous satisfaction to stand as a representative of our institution in the company of so many distinguished health care and philanthropic leaders, all gathered to celebrate what state agencies have dubbed "the most complex hospital project in the state."

On behalf of UCLA, Posie Carpenter, Gene Block, Eugene Washington, and David T. Feinberg joined me in speaking about the hospital. We all feel that this remarkable facility, the result of over a decade of planning, design, deep commitment and fruitful labor, will serve as a tremendous health care resource for Los Angeles and the orthopaedic community.

The Orthopaedic Institute, located in the north wing of the new hospital is jointly funded and owned by LAOH and UCLA. It will house the latest diagnostic and therapeutic equipment to care for children with orthopaedic needs and will be home to LAOH's inpatient services and The Renee and Meyer Luskin Children's Clinic. Santa Monica-UCLA Medical Center and Orthopaedic Hospital will open to the public in early 2012.

Between now and then, we have our Centennial Celebration Dinner to look forward to. On November 4, we will usher out our 100th year and anticipate our next century of service. I hope you will join us for this once-in-a-lifetime occasion. Four days previous, I will have completed my 23-year tenure as Los Angeles Orthopaedic Hospital's president and chief executive officer. This transition will by no means indicate my departure from an institution to which I am truly devoted.

As each of you knows from your own deep commitment to our mission, there are many ways to make a difference in the lives of children and all people challenged by orthopaedic conditions. My personal

(Continued on page 2)



L-R: Posie Carpenter, R.N., M.S.N., M.P.H., Chief Administrative Officer, Santa Monica-UCLA Medical Center and Orthopaedic Hospital; Gene Block, Chancellor, UCLA; A. Eugene Washington, M.D., M.Sc., Vice Chancellor, UCLA Health Sciences; David T. Feinberg, M.D., M.B.A., Chief Executive Officer, UCLA Hospital System; and James V. Luck, Jr., M.D., President and CEO, Los Angeles Orthopaedic Hospital.

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Learn more about the new Santa Monica-UCLA Medical Center and Orthopaedic Hospital online at www.OrthoHospital.org

International Children's Program

Treating the World's Children for 50 Years

At 1:00 a.m., 12 year-old Alejandra and her mother line up at the Mexico-U.S. border. They must cross early, in order to meet the bus that will take them to Los Angeles Orthopaedic Hospital (LAOH) in time for Alejandra's appointment.

In 2009, Alejandra underwent spinal fusion surgery to correct her scoliosis under the experienced hands of Dr. Anthony Scaduto, Lowman Professor and Chief of Pediatric Orthopaedics at LAOH and a specialist in spinal disorders. Despite the challenges of such a surgery, Alejandra was a champion and a day after her surgery reported that her pain level was only a 2 on a scale of 1-10.

Now, when she comes to LAOH, it is for regular check-ups that will ensure her continued orthopaedic health. In her soft voice, Alejandra admits that her twin sister, who stays in Mexico, is a bit jealous of these adventures in the U.S.

For 50 years, LAOH's International Children's Program (ICP) has helped children around the world who urgently need orthopaedic care. ICP Coordinator Patricia Torres and her staff arrange travel and visas, coordinate medical appointments and follow-up, and ensure that families are cared for when their children are in the United States for surgery.

The ICP also runs free monthly screening clinics in the border town of Calexico, California, where LAOH physicians Dr. Scaduto, Dr. Richard Bowen and Dr. Mauricio Silva – assisted by LAOH fellows and residents



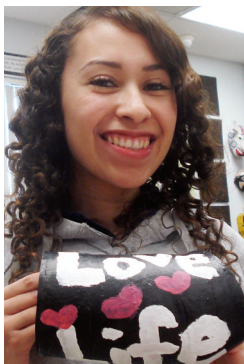
Like Alejandra, Fernanda is among the many thousands of children the International Children's Program has assisted in receiving skilled and compassionate care for complex musculoskeletal conditions at LAOH.

in rotation from the UCLA/Orthopaedic Hospital Department of Orthopaedic Surgery – volunteer their time and expertise to diagnose a variety of advanced and complex conditions including muscular dystrophy, spina bifida, cerebral palsy, scoliosis, hip dysplasia and clubfoot. Families frequently travel up to 18 hours to attend a clinic, a visit that often becomes their first step to improved health.

“Each trip to Calexico reminds me of the enormous need for care in this region and the great impact caring individuals can have on children's lives through a program like the ICP.” - Richard Bowen, M.D.

Supporting Cast

Students Create Art Celebrating 100 Years of Healing



An OHMMHS student displays her art.

Remember signing a friend's cast when you were growing up – or feeling suddenly a whole lot better when a friend signed yours?

Students from the Orthopaedic Medical Magnet High School (OHMMHS) have expressed their healing wishes for the children who receive care at Los Angeles Orthopaedic Hospital (LAOH) in “Supporting Cast,” a project created to celebrate LAOH's 100th anniversary.

To reflect the fact that everyone at LAOH is part of the “supporting cast” to children's good health, students in Miss Harlae

Santana's art class made and decorated 100 sculptures in the shape of orthopaedic casts – one for each year LAOH has provided care to the community.



Students used plaster cloth and their own arms to shape the art.

Every year, the LAOH Children's Fracture Clinics downtown and in Santa Monica apply nearly 4,000 casts to help children mend properly from a broken bone, relieving pain today and assuring freedom of movement for tomorrow.

Celebrating Our Future (Continued from page 1)

experience with Los Angeles Orthopaedic Hospital began in 1959, in the fourth year of my father's leadership as medical director. As a teenager, I volunteered in the plaster rooms assisting some of the most renowned orthopaedic surgeons in the world. Seeing the impact our expert and compassionate doctors and staff had on children's lives helped secure my commitment to the field of orthopaedics and to this exceptional organization.



My commitment will continue long into the future. Most immediately, I intend to ensure that our rich history is preserved for the future in a way that also makes it readily available to the public, through projects like "Los Angeles Orthopaedic Hospital: The First 100 Years," the Centennial history book that Steve Kelley and I have co-authored, and the 14 museum-quality case displays our volunteers and staff have worked with me to complete and install at Santa Monica-UCLA Medical Center and Orthopaedic Hospital.

I also plan to remain on our Board of Trustees. It will be my great pleasure to continue to work with these individuals, some of the best

and brightest of Los Angeles leadership, during the expansive first years of our second century. Foremost, I will continue to see patients – the central focus of any physician's professional life – and will help our Hemophilia Treatment Center celebrate its 50th birthday this coming year, a milestone of service in which we can take great pride.

I feel very fortunate to have found my "home" at LAOH. I have been privileged to be present for one half of our century of healing. During that time, the Los Angeles community and orthopaedic practice alike underwent numerous dramatic changes – and we at LAOH met every new challenge and need with our trademark enthusiasm and resourcefulness. It is that quality of commitment in our family – our physicians, staff, board members, patients, volunteers and benefactors – that makes our institution so special and makes me very optimistic about our future. It is a future I intend to continue to help assure, right alongside you.

James V. Luck, Jr., M.D.
President and Chief Executive Officer
Los Angeles Orthopaedic Hospital

Help Us Celebrate!

When children need us, we are there. Just as we have been for 100 years.
Join us in celebrating the 100th anniversary of Los Angeles Orthopaedic Hospital.

Centennial Celebration Dinner
Friday, November 4, 2011, from 6:00 PM to 10:00 PM
Lexus Landmark Showroom, Santa Monica

To buy an ad, purchase a ticket, or become an event sponsor,
please visit www.OrthoHospital.org for more information.

Donations will support three key areas:

- An Endowed President and CEO Chair, named to honor James V. Luck, Jr., M.D., that will help offset the salary of successive leadership in perpetuity, allowing these funds to be used for other critical needs;
- The Children's Care Fund that will be used to support children's health and medical care; and
- Other hospital needs, including research and medical education.

Help us celebrate LAOH – where 2 million children with musculoskeletal disorders have found care and where thousands of children each year find healing today.



Fewer Orthopaedic Surgeons Seeing Children

Being insured does not necessarily mean access to medical care. A California study reported in September by Reuters Health found that orthopaedic surgeons are much more hesitant to see children with broken bones than they were a decade ago.

When contacted by telephone, more than half of orthopaedic practices wouldn't schedule an appointment for a child with a recently-broken arm who had private insurance. And almost all refused appointments to children covered by public insurance.

A similar study conducted 10 years ago found that most practices also wouldn't see children covered by public insurance, but all scheduled appointments for those with private insurance.

One of the study's authors suggests the longer length of children's visits may be a factor. Parents ask lots of questions, while pediatric visits are reimbursed at the same rate as shorter, adult visits. For children and families who do not live near specialized pediatric facilities like Los Angeles Orthopaedic Hospital, this may mean more travel, money and time away from work.

A Family Legacy

L. Boyd and Jean Higgins exemplified community involvement. As their son Paul notes, "Mom and Dad made a difference, and provided a great example for all of us to follow."

This included volunteer leadership at Los Angeles Orthopaedic Hospital (LAOH). Boyd's contributions as a Board member were critical in ensuring LAOH's growth and health for another century.

It was important to both Boyd and Jean to have an estate plan that left a legacy to the organizations that meant the most to them and their family. This would allow them to continue to serve the community long after they were gone.

Their significant bequest supports The James V. Luck, Jr., M.D., President and CEO Chair and will have sustained impact on hospital clinical services and, through this, on the lives of the children served. This gift is also matched by Renee and Meyer Luskin, who pledged up to \$1 million to match those gifts made by current and former members of the boards.

Tomorrow's Legacy Begins Today

Every benefactor is important and every dollar counts at LAOH. To discover how you can help children in need of expert and compassionate care, please call Nicole Weaver-Goller at (213) 742-1500.

Moved to Care

After Her Surgery, a Young Patient Pursues Studies at Orthopaedic Hospital Medical Magnet High School



Christiane with her brother.

Isabel and Taurino Illescas didn't know why their young daughter's spine began to curve, but they are glad they had Los Angeles Orthopaedic Hospital to turn to when she was diagnosed with scoliosis.

A poised and well-spoken 14 year-old, Christiane Illescas says she had little concern when she was first diagnosed; it didn't seem all that important. But then the curve in her spine became more pronounced. Her physician at Los Angeles Orthopaedic Hospital, Dr. Anthony Scaduto, who is medical director and the Lowman Professor of Pediatric Orthopaedics, advised the family that surgery was needed.

"I cried so much for my daughter," says Isabel; "She's so young." With Christiane's adult life ahead of her, it hurt to think of the years being filled with pain and limitation. Dr. Scaduto helped the family understand that the surgery would give Christiane the chance to enjoy the life she and her family hoped for.

"He reassured me, told me that it was going to be fine," says Christiane. For further reinforcement, Christiane researched her condition online. "I didn't know anyone else who had scoliosis, so I went online. There, I could see what people went through – and how they felt after the surgery." Christiane's own surgery, in June, was successful.

In addition to enjoying a full physical life post-surgery, Christiane is pursuing her interest in the medical field. She enrolled at Orthopaedic Hospital Medical Magnet High School (OHMMHS) in September. "I've thought about being a doctor," she says, "but I want to learn more." Christiane's studies will help her do just that. The result of a partnership between LAOH and the Los Angeles Unified School District, OHMMHS is ranked in the top 6% of secondary schools by US News and World Report, and prepares its students for success, higher education, and a wide array of career paths in the medical and health sciences.

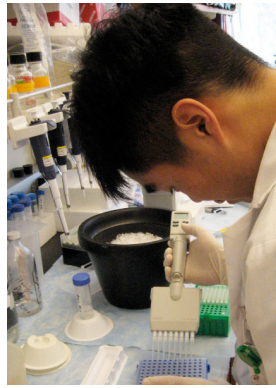
Christiane is enjoying her studies. "The school is small and the classes are interesting. I like my teachers. The students are also really nice." She pauses, and adds, "I'm glad I had a good doctor who treated me and made me much better."



From Bench to Bedside

"Who would have considered that Vitamin D, a hormone that promotes bone health, might also improve our ability to fight off one of the top three killers in the world?" asks John Adams, M.D., director of the Orthopaedic Hospital Research Center (OHRC).

Dr. Adams refers to a new study funded by the National Institutes of Health through OHRC and the UCLA Clinical and Translational Science Institute, where he is also associate director.



Research at the OHRC aims at treating and curing conditions that compromise the quality of life of millions of people, worldwide.

Together with UCLA Professor of Microbiology, Immunology & Molecular Genetics Robert Modlin, M.D., Dr. Adams and his team at the OHRC will investigate whether Vitamin D, typically considered a bone-acting hormone replacement, will also boost a human's immune response to tuberculosis.

If the pilot experiment shows that Vitamin D replacement and normalization improves the ability of a person's immune cells to kill tuberculosis, then this would be the first step to implementing a simple, safe and inexpensive – "pennies per person, today," notes Dr. Adams – intervention to improve outcomes worldwide.

The cross-disciplinary study provides a striking example of how research done at the OHRC has global reach. Translational science represents the experimental steps a scientist must take in order to move discoveries made in the laboratory to practical benefit for patients and their families. The National Institutes of Health have recognized this approach as a powerful tool to rapidly advance science and improve human health.

Foundation Board Expands

Scott Keifer, CFA, has joined the Los Angeles Orthopaedic Hospital (LAOH) Foundation board of trustees. Mr. Keifer graduated with distinction from the U.S. Naval Academy and served as a naval officer for five years. He received his M.B.A. from the Wharton School of the University of Pennsylvania and is Executive Director of the Los Angeles office of J.P. Morgan Private Bank.

Also recently joining the LAOH Foundation board are Farrell Dayn Foley, founder of Scoop Consulting, Inc.; Amy D'Ambra, president of Individual & Corporate Benefits, Inc.; author and lecturer Joan Prestine; and retired educator Ruth J. Wagner.

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Editor: Judy Faulkner
Contributing Writers: Farrah Azizi, Mickie Faris, Judy
Faulkner, Jeanne Goldsmith, James V. Luck, Jr., Stacey
McShane, Nicole Weaver-Goller
Photo credits: Rene Chun, Christiane Illescas, Al Lorenzo,
Thomas Meerken, Barbara Murray, Harlaee Santana

Please address comments to the Office of Advancement at
Los Angeles Orthopaedic Hospital, 2400 South Flower Street,
Los Angeles, CA 90007-2629. E-mail: advancement@laoh.
ucla.edu. Phone: (213) 742-1500.

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Three Generations of Caring

Amy D'Ambra is new to the board of trustees of the Los Angeles Orthopaedic Hospital (LAOH) Foundation but a familiar face to the institution. She is the second of three generations of women dedicated to LAOH's mission and values.

Amy describes how her mother, the late Dr. Annette Dahlman, and a small group of women in the Palos Verdes area pooled their resources in order to "do something more," establishing Las Madrecitas, an auxiliary of The Charitable Children's Guild, which is the first support group of LAOH. Dahlman and Las Madrecitas found purpose and value, and learned the benefits of "charitable giving and charitable grace."

Dahlman was excited when her daughter joined Las Madrecitas in 2008. Amy has followed well in her mother's footsteps. This year, she co-chaired the Las Niñas Annual Fashion Show, which raised \$40,000 for LAOH, and was appointed to the LAOH Foundation board of trustees.

Amy's daughters have become a third generation of this family volunteering time and energy to LAOH – Ellie and Caroline, Las Niñas de Las Madrecitas classes of 2013 and 2015 respectively. Amy is thankful to belong to an organization that teaches the value of charitable giving.



Dr. Annette Dahlman at 1957 fashion show.

"Thank you to LAOH for allowing us to be part of your volunteer family. This work has been an important part of our family's life as the Hospital's philosophy of providing every child the best in orthopaedic

care regardless of their ability to pay offers me the opportunity to live out my Mom's teachings and share them with my daughters."

Watch Amy's video message about her family tradition of volunteering at LAOH at www.OrthoHospital.org.



Las Madrecitas member Amy D'Ambra, center, with her daughters Ellie, left, and Caroline.

Empowering Ourselves, Our Health and Maintaining Strong Bones

More than a third of California teens do not participate in school physical education at public schools, says a recent report from the UCLA Center for Health Policy Research. And more than 80 percent of all teens fail to meet the current federal recommendations for physical activity.

Exercise is important, including for musculoskeletal health. The teenage years are key bone-building ones. Bones are always changing – as new bone is formed and old bone taken away – but new bone forms at the fastest rate just before and during adolescence. Exercise aids the body in producing this new bone.

Research shows that this happens in a variety of ways. Exercise increases the blood flow that brings extra nutrients to the bone tissue, alters the hormonal balance that controls how much bone is laid down and how much removed, and shifts the electrical signals that travel between bone cells. Just like muscles, bones respond to regular and vigorous use by growing bigger and stronger.

LAOH encourages family members of all ages – especially children and teens – to find fun, inspiring and bone-strengthening activities to create healthy bones that can last a lifetime.

For more information on orthopaedic health, visit www.OrthoHospital.org.